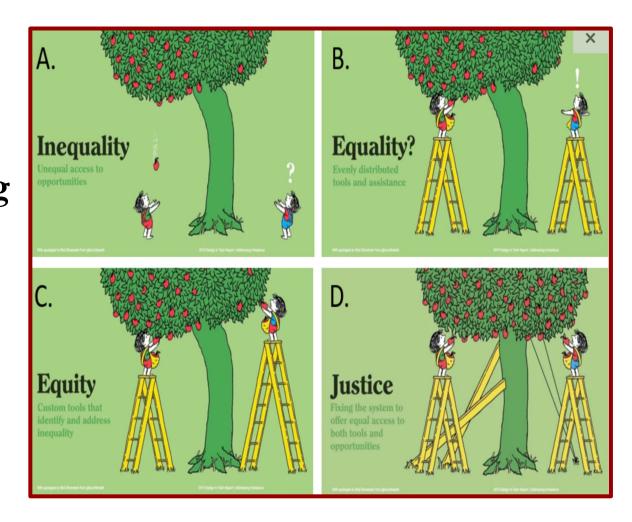
Land Access and Opportunity Board Touchstones:

- 1. Listen generously. Speak your truth from your heart & mind.
- 2. Make the way we work together an example of what's possible.
- 3. Trust that we all hold a piece of the puzzle & we need each other's pieces to understand the whole picture

Safer, Braver, & Accountable Space

Safety and discomfort are different. Creating safer, braver, accountable, and inclusive spaces for dismantling white supremacy culture, transphobia, classism, and ableism—is often uncomfortable.





Land Access Opportunity Board

Statewide Housing Conference Ensuring Shelter When There Are No Homes

Opeyemi Parham MD, Community Advocate
Ornella Matta-Figueroa, Director of Advocacy & Community Engagement
Jean Hamilton, Director of Program Development

Agenda

- 3- 3:10 am- Arrival, check-in, handouts
- 3:10- Welcome, Agreements, Introductions, Circle (slide coming up next)
- 3:20 PM
 Step into the Circle (Or Raise your hand)
- 3:30 pm- What is Deep Listening?
- 3:35 pm- FishBowl Activity

Topic:

- 3 Rounds: 10 minutes of Deep Listening 5 minute small group check in
- **3:20 Closing and Conference Survey**

An invitation-In groups of 5 (1 min each) What's your name? Pronouns? Why is shelter important to you? Why are you here?

Step into the circle

Step into the circle- if you, yourself, have been in Vermont for 25 year or longer, 15 year, 10 years, 5 years or less?

How did you identify yourself, in the last U.S. census? Hispanic/non hispanic, white, black or african american, asian, native hawaiian or some other race.

Have you ever lived in any arrangement, other than "nuclear family"/ college dorm-mate/ apartment? Have you ever been a renter?

Have you ever been a landlord (received money from another human, in exchange for their housing needs)?

Have you ever been evicted?

Have you ever begun or completed eviction paperwork, on a tenant?

Have you ever been in a situation of HARASSMENT, with respect to your housing?

Have you ever harassed anyone, in order to get them to leave your living space/ home?

Have you ever been stopped by the police? /Detained? Handcuffed? /Arrested?

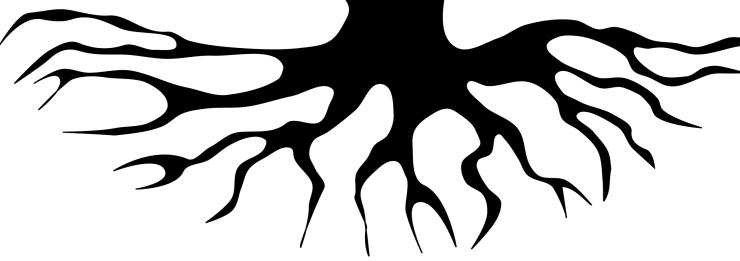
Have you ever left a living situation suddenly/ or under stress (domestic violence/ natural disasters/ harassment issues)?

Have you received any intergenerational wealth (land/money/ other)?
How much (\$10K/ \$100K/ \$1 million/ more than \$1 million)?

Have you ever been legally homeless (defined as having to think creatively to have a mailing address)?

Deep Listening

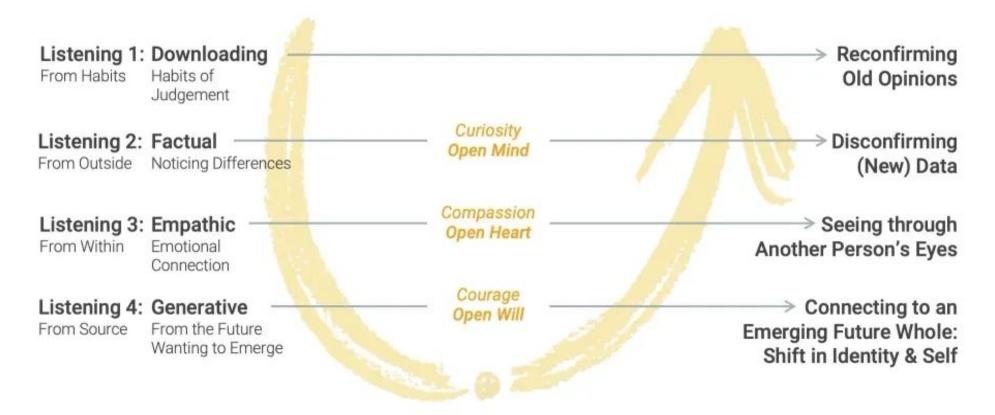
A way of paying attention that involves being fully present and attentive to whoever is talking without judgement or trying to control the conversation



Characteristics:

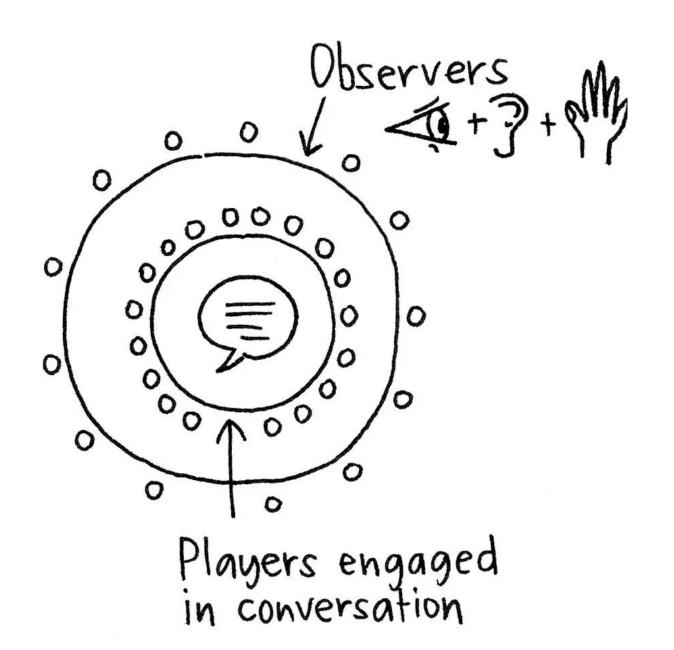
- Paying attention to verbal and non verbal cues
- Suspending Judgement
- Willingness to being Surprised
- Noticing your own Feelings
- Asking yourself: What is not being said Here?

Four Levels of Listening

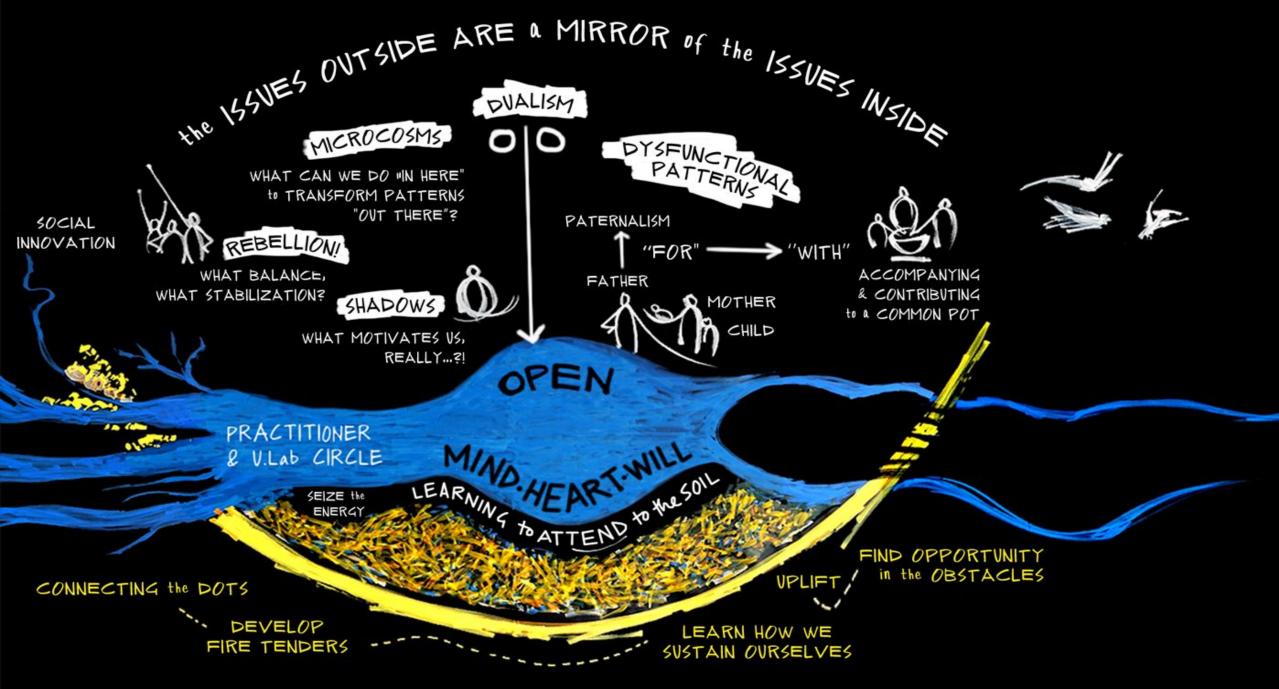




Fishbowl Activity









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